

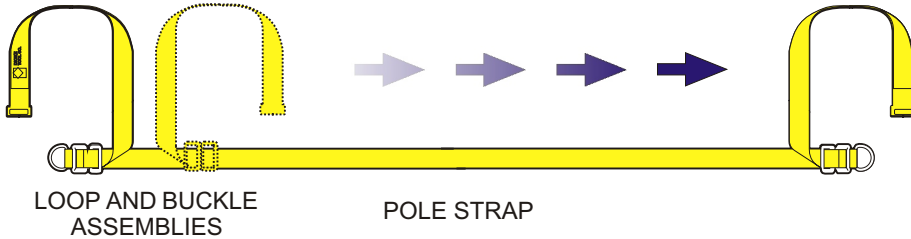
Laddermate™ (LM100) Ladder Stabilizing Strap

PROCEDURES FOR USE

1

Step 1 - Preparation

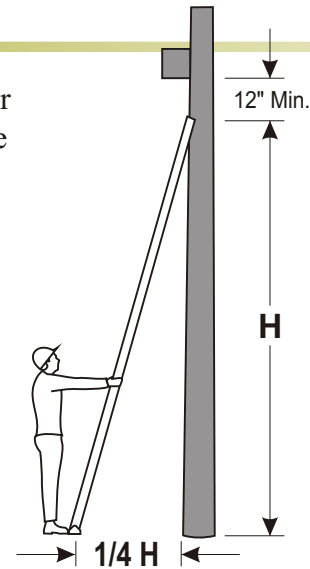
To facilitate final inspection at the factory, the two loop and buckle components are assembled adjacent to each other on the long pole strap. When using the **Laddermate** for the first time, simply slide one loop and buckle assembly out to the other end of the pole strap.



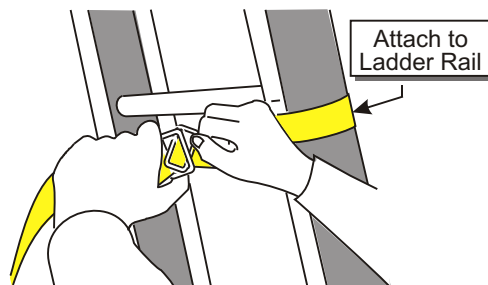
Your **Laddermate** is now ready for use.

Step 2 - Installation

2a. Properly position ladder as shown. If the ground is uneven, a ladder leveling wedge should be used. Be sure to leave at least 12" of clearance between the top of the ladder and any obstruction.



2b. Attach one loop of the strap to the left ladder rail just below the fifth rung by passing the small buckle through the larger buckle.

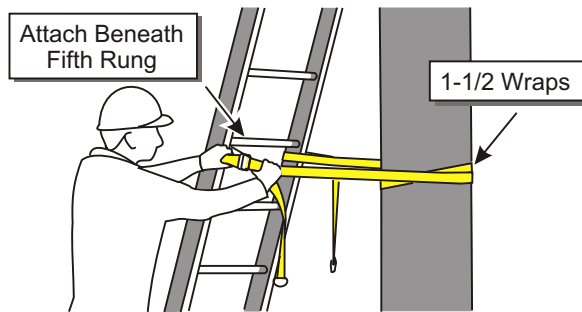


Laddermate™ (LM100) Ladder Stabilizing Strap

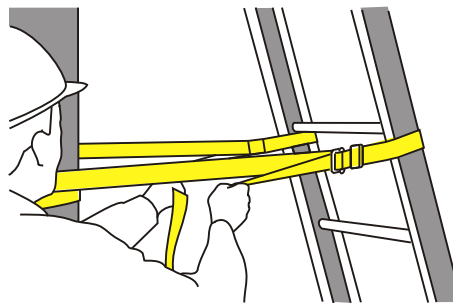
PROCEDURES FOR USE *continued*

2

2c. Pass the opposite end of the strap 1-1/2 turns around the pole, overlapping on the pole at roughly the same height as the fifth rung. Attach the free end to the right ladder rail directly beneath the fifth rung.

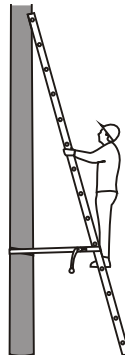


2d. Pull both strap cinches until both sides are snug. Be sure both loops are tight against the underside of the fifth rung of the ladder.



Step 3 - Test

Once the base of the ladder is secured, ascend the ladder to the fourth rung and verify that the **Laddermate** has sufficient tension. This can be accomplished by placing a slight twisting motion to the side rails. There should be no more than 3" of movement on either side rail. If there is more than 3" of movement, descend the ladder and increase the tension evenly on both sides.



Once you have tested and are certain that the ladder cannot twist, you can now ascend the ladder to work with confidence.



Laddermate™ (LM100) Ladder Stabilizing Strap

PROCEDURES FOR USE *Continued*

3



For added stability, you may want to use the **Top Laddermate** at the top of the pole. See **Top Laddermate Procedures** for Use.

Step 4 - Removal

The **Laddermate** was designed to be very difficult to remove unless the base of the ladder is moved. This feature insures that you will remain stabilized until you descend the ladder and release the **Laddermate** yourself. Removal is best accomplished by first facing one side of either ladder rail in a bent-knee, straight-backed position with the rail between your feet. Grasping the next convenient ladder rung with your hands, simply lift the side rail slightly by straightening your legs and slide the base of the ladder about 8" toward the base of the pole. This will place slack in the strap, which will allow release of the pass buckles and removal of the **Laddermate**.

